

My name is SCOtt. I broke my spine 25 years ago in an auto accident when I was 23. I have very little movement below my neck but am now much more independent than I thought possible.

## My occupational therapist has helped me to:

- Figure out how to run my new Internet business by means of voice recognition equipment to control my computer and telephone.
- Take up sailing in an adapted dinghy.
- **Have** a fully accessible home where I am not reliant on attendants 24/7.

You may not believe this, but my life is more fulfilling now than before the accident.