



My name is **Rob**. I run a martial arts program. I have been interested in making our programs more inclusive. We get a number of students who have issues with their attention and/or motor coordination and we have struggled with how to instruct them effectively.

**We sought an occupational therapist who has consulted with us. The occupational therapist helped us:**

- **Understand** the specific types of learning challenges these children experience.
- **Modify** our teaching strategies to include more verbal support, problem solving and videotaped instruction.
- **Adapt** some of our equipment to allow for more gradual progressions in our activities.

As a result of the input from the occupational therapist, we have developed a positive reputation in our community as a welcoming and inclusive program which has been very helpful in our business development.

Because of occupational therapy, I can do martial arts.